



Run 4 Health

Event Date : **07-05-2017**

Event Location : **West Nipissing General Hospital**

Type : **Running**

Description : **Hospital Mile**

Total Entrants : **72**

Total Finishers : **60**

Male Entries : **28**

Male Finishers : **23**

Female Entries : **43**

Female Finishers : **36**

Unknown Entries : **1**

Unknown Finishers : **1**

| Overall Place | Bib | Name | Guntime | Chiptime | City | Pace | Pace Units | Gender | Gender Place | Division | Div Place | Division Total |
|---------------|-----|----------------------|---------|----------|----------------|-------|------------|--------|--------------|----------|-----------|----------------|
| 1 | 102 | Charles Le Trinh | 8:27 | 8:23 | Sturgeon Falls | 8:23 | /Mi | M | 1 | WNMiM | 1 | 23 |
| 2 | 90 | Owen Green | 8:56 | 8:53 | Verner | 8:53 | /Mi | M | 2 | WNMiM | 2 | 23 |
| 3 | 79 | Kasen Paquette | 9:28 | 9:26 | Field | 9:26 | /Mi | M | 3 | WNMiM | 3 | 23 |
| 4 | 101 | Jean-Paul Le | 9:29 | 9:24 | Sturgeon Falls | 9:24 | /Mi | M | 4 | WNMiM | 4 | 23 |
| 5 | 91 | Jalie Groves | 9:29 | 9:24 | Sturgeon Falls | 9:24 | /Mi | F | 1 | WNMiF | 1 | 36 |
| 6 | 94 | Nicholas Goulard | 9:42 | 9:38 | Sturgeon Falls | 9:38 | /Mi | M | 5 | WNMiM | 5 | 23 |
| 7 | 93 | Ella Goulard | 9:49 | 9:46 | Sturgeon Falls | 9:46 | /Mi | F | 2 | WNMiF | 2 | 36 |
| 8 | 116 | John Stewart | 9:55 | 9:49 | lavigne | 9:49 | /Mi | M | 6 | WNMiM | 6 | 23 |
| 9 | 78 | Gaille Hevey | 10:13 | 10:11 | verner | 10:11 | /Mi | F | 3 | WNMiF | 3 | 36 |
| 10 | 33 | Kate Lepage | 10:15 | 10:10 | Sturgeon Falls | 10:10 | /Mi | F | 4 | WNMiF | 4 | 36 |
| 11 | 104 | Mali MacDonald | 10:20 | 10:17 | Sturgeon Falls | 10:17 | /Mi | F | 5 | WNMiF | 5 | 36 |
| 12 | 127 | Ryan Wieggers | 10:30 | 10:27 | North By | 10:27 | /Mi | M | 7 | WNMiM | 7 | 23 |
| 13 | 115 | Reegan Smart | 10:32 | 10:26 | sturgeon falls | 10:26 | /Mi | F | 6 | WNMiF | 6 | 36 |
| 14 | 74 | Alexie Lachance | 10:37 | 10:33 | North Bay | 10:33 | /Mi | F | 7 | WNMiF | 7 | 36 |
| 15 | 62 | Jeremy Simard | 11:15 | 11:13 | North Bay | 11:13 | /Mi | M | 8 | WNMiM | 8 | 23 |
| 16 | 65 | Tanya Langlois | 11:20 | 11:15 | Field | 11:15 | /Mi | F | 8 | WNMiF | 8 | 36 |
| 17 | 121 | Dominic Ward | 11:30 | 11:25 | Sturgeon Falls | 11:25 | /Mi | M | 9 | WNMiM | 9 | 23 |
| 18 | 63 | Nicholas Simard | 11:37 | 11:34 | North Bay | 11:34 | /Mi | M | 10 | WNMiM | 10 | 23 |
| 19 | 126 | Rowan Wieggers | 11:42 | 11:39 | North Bay | 11:39 | /Mi | F | 9 | WNMiF | 9 | 36 |
| 20 | 92 | Alexis Goulais-Auger | 11:59 | 11:55 | Garden Village | 11:55 | /Mi | F | 10 | WNMiF | 10 | 36 |



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|---------------|-----|-------------------|---------|----------|----------------|-------|------------|--------|--------------|----------|-----------|----------------|
| 21 | 83 | Hunter Callahan | 12:02 | 11:56 | Sturgeon Falls | 11:56 | /Mi | M | 11 | WNMiM | 11 | 23 |
| 22 | 96 | Serenity Jackon | 12:06 | 12:00 | verner | 12:00 | /Mi | F | 11 | WNMiF | 11 | 36 |
| 23 | 84 | Ewan Callahan | 12:14 | 12:10 | Sturgeon Falls | 12:10 | /Mi | M | 12 | WNMiM | 12 | 23 |
| 24 | 76 | Charles MacGregor | 12:41 | 12:38 | Sturgeon Falls | 12:38 | /Mi | M | 13 | WNMiM | 13 | 23 |
| 25 | 113 | Marissa Sheppard | 12:44 | 12:40 | Sturgeon Falls | 12:40 | /Mi | F | 12 | WNMiF | 12 | 36 |
| 26 | 70 | Mylene Langlois | 12:47 | 12:43 | field | 12:43 | /Mi | F | 13 | WNMiF | 13 | 36 |
| 27 | 107 | Himani Patel | 12:53 | 12:47 | Sturgeon Falls | 12:47 | /Mi | F | 14 | WNMiF | 14 | 36 |
| 28 | 71 | Caleb Langlois | 13:06 | 13:03 | field | 13:03 | /Mi | M | 14 | WNMiM | 14 | 23 |
| 29 | 68 | Izaiah Hendry | 13:08 | 13:05 | Sturgeon Falls | 13:05 | /Mi | M | 15 | WNMiM | 15 | 23 |
| 30 | 114 | Evelyn Serre | 13:17 | 13:11 | Sturgeon Falls | 13:11 | /Mi | F | 15 | WNMiF | 15 | 36 |
| 31 | 134 | Tanya Reid | 13:18 | 13:13 | | 13:13 | /Mi | F | 16 | WNMiF | 16 | 36 |
| 32 | 81 | Cara Caldwell | 13:23 | 13:15 | Sturgeon Falls | 13:15 | /Mi | F | 17 | WNMiF | 17 | 36 |
| 33 | 120 | Chance Ubdegrove | 13:24 | 13:17 | Sturgeon Falls | 13:17 | /Mi | M | 16 | WNMiM | 16 | 23 |
| 34 | 111 | Verginia Peters | 13:25 | 13:21 | Sturgeon Falls | 13:21 | /Mi | F | 18 | WNMiF | 18 | 36 |
| 35 | 117 | Sarah Stewart | 13:38 | 13:30 | lavigne | 13:30 | /Mi | F | 19 | WNMiF | 19 | 36 |
| 36 | 89 | Kylie Dagenas | 13:40 | 13:37 | Sturgeon Falls | 13:37 | /Mi | F | 20 | WNMiF | 20 | 36 |
| 37 | 108 | Kaish Patel | 13:43 | 13:36 | Sturgeon Falls | 13:36 | /Mi | M | 17 | WNMiM | 17 | 23 |
| 38 | 128 | Gillian Wieggers | 13:50 | 13:47 | North Bay | 13:47 | /Mi | F | 21 | WNMiF | 21 | 36 |
| 39 | 119 | Rilynn St. Jean | 13:52 | 13:46 | north bay | 13:46 | /Mi | F | 22 | WNMiF | 22 | 36 |
| 40 | 98 | Karle Lamarre | 13:56 | 13:50 | Sturgeon Falls | 13:50 | /Mi | F | 23 | WNMiF | 23 | 36 |

| | | | | | | | | | | | | |
|----|-----|-----------------------|-------|-------|-------------------|-------|-----|---|----|-------|----|----|
| 41 | 109 | Dallas-Starr Payne | 14:07 | 14:02 | Sturgeon Falls | 14:02 | /Mi | F | 24 | WNMiF | 24 | 36 |
|----|-----|-----------------------|-------|-------|-------------------|-------|-----|---|----|-------|----|----|



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|---------------|-----|----------------------|---------|----------|----------------|-------|------------|--------|--------------|----------|-----------|----------------|
| 42 | 80 | Miley Bessette-Keith | 14:13 | 14:07 | Sturgeon Falls | 14:07 | /Mi | F | 25 | WNMiF | 25 | 36 |
| 43 | 106 | Alex Morrison | 14:23 | 14:15 | Sturgeon Falls | 14:15 | /Mi | M | 18 | WNMiM | 18 | 23 |
| 44 | 133 | Sasha Vliestra | 14:24 | 14:19 | | 14:19 | /Mi | F | 26 | WNMiF | 26 | 36 |
| 45 | 112 | Francesca Roussel | 14:25 | 14:21 | Sturgeon Falls | 14:21 | /Mi | F | 27 | WNMiF | 27 | 36 |
| 46 | 95 | Keila Hack | 14:26 | 14:21 | Sturgeon Falls | 14:21 | /Mi | F | 28 | WNMiF | 28 | 36 |
| 47 | 131 | Matthew Boochon | 14:54 | 14:47 | | 14:47 | /Mi | M | 19 | WNMiM | 19 | 23 |
| 48 | 137 | unknown see timer | 14:55 | 14:47 | | 14:47 | /Mi | | 0 | | | |
| 49 | 100 | Anna Le | 15:08 | 15:01 | Sturgeon Falls | 15:01 | /Mi | F | 29 | WNMiF | 29 | 36 |
| 50 | 82 | Colson Caldwell | 15:21 | 15:14 | Sturgeon Falls | 15:14 | /Mi | M | 20 | WNMiM | 20 | 23 |
| 51 | 66 | Kurtis Stevens | 15:28 | 15:24 | Cache Bay | 15:24 | /Mi | M | 21 | WNMiM | 21 | 23 |
| 52 | 61 | Elise Simard | 15:46 | 15:43 | North Bay | 15:43 | /Mi | F | 30 | WNMiF | 30 | 36 |
| 53 | 75 | Joel MacGregor | 15:48 | 15:40 | Sturgeon Falls | 15:40 | /Mi | M | 22 | WNMiM | 22 | 23 |
| 54 | 64 | Lisa Paquette | 15:48 | 15:44 | Field | 15:44 | /Mi | F | 31 | WNMiF | 31 | 36 |
| 55 | 118 | Tricia Stewart | 16:03 | 15:54 | lavigne | 15:54 | /Mi | F | 32 | WNMiF | 32 | 36 |
| 56 | 57 | Cynthia Desormier | 18:59 | 18:51 | | 18:51 | /Mi | F | 33 | WNMiF | 33 | 36 |
| 57 | 99 | Patricia Lamarre | 19:28 | 19:22 | Sturgeon Falls | 19:22 | /Mi | F | 34 | WNMiF | 34 | 36 |
| 58 | 97 | Brodey Lamarre | 19:29 | 19:22 | Sturgeon Falls | 19:22 | /Mi | M | 23 | WNMiM | 23 | 23 |
| 59 | 138 | Shyoe Lavallee | 26:20 | 26:11 | | 26:11 | /Mi | F | 35 | WNMiF | 35 | 36 |
| 60 | 136 | Na McMurdy | 26:20 | 26:10 | | 26:10 | /Mi | F | 36 | WNMiF | 36 | 36 |