



21st Annual RE-FRIDGEE-EIGHTER RUN

Event Date : 11-02-2018

Event Location : RIM Park, Waterloo Ontario

Type : Running

Description : 8 Mi

Total Entrants : 101

Total Finishers : 87

Male Entries : 60

Male Finishers : 53

Female Entries : 41

Female Finishers : 34

Unknown Entries : 0

Unknown Finishers : 0

Overall Place	Bib	Name	Guntime	Chiptime	City	Pace	Pace Units	Gender	Gender Place	Division	Div Place	Division Total
1	1004	Josh Bolton	41:28	41:28	Paris	3:14	/Km	M	1	LM25-29	1	8
2	1047	Adam Hortian	41:44	41:44	Kitchener	3:15	/Km	M	2	LM30-34	1	3
3	1080	Aidan Rutherford	48:00	48:00	Waterloo	3:44	/Km	M	3	LM20-24	1	1
4	1035	Luke Ehgoetz	49:24	49:24	New Hamburg	3:51	/Km	M	4	LM40-44	1	7
5	1087	Graham Stonebridge	49:27	49:24	Kitchener	3:51	/Km	M	5	LM25-29	2	8
6	1005	Tanis Bolton	50:04	50:04	Paris	3:54	/Km	F	1	LF25-29	1	6
7	1066	John McLean	50:41	50:41	Cambridge	3:57	/Km	M	6	LM35-39	1	3
8	1044	Dave Harmsworth	51:26	51:26	Waterloo	4:00	/Km	M	7	LM45-49	1	5
9	1025	Mark Cullen	53:07	53:04	Markham	4:08	/Km	M	8	LM25-29	3	8
10	1086	Michelle Spencer	53:10	53:07	Guelph	4:08	/Km	F	2	LF35-39	1	7
11	1046	Thaddeus Homewood	53:25	53:20	Listowel	4:09	/Km	M	9	LM30-34	2	3
12	1022	Robyn Collins	53:37	53:34	Waterloo	4:10	/Km	F	3	LF40-44	1	1
13	1001	Brad Arndt	53:50	53:50	London	4:11	/Km	M	10	LM50-54	1	6
14	1081	Reza Saputra	54:20	54:17	Waterloo	4:13	/Km	M	11	LM25-29	4	8
15	1098	Vicki Zandbergen	56:08	56:05	Kitchener	4:22	/Km	F	4	LF35-39	2	7
16	1049	Emily Hunter	56:08	55:58	Baden	4:21	/Km	F	5	LF30-34	1	9
17	1027	Jan De Visser	56:13	56:10	Kitchener	4:22	/Km	M	12	LM50-54	2	6
18	1056	Paul Lorentz	56:19	56:13	Waterloo	4:22	/Km	M	13	LM45-49	2	5
19	1043	Ian Grzegorzczuk	57:07	57:05	Waterloo	4:27	/Km	M	14	LM25-29	5	8
20	1051	Holger Kleinke	57:21	57:18	Waterloo	4:27	/Km	M	15	LM50-54	3	6



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21	1057	Eric Lotimer	57:55	57:51	Waterloo	4:30	/Km	M	16	LM40-44	2	7
22	1054	Rebecca Kruisselbrink	58:15	58:12	Baden	4:32	/Km	F	6	LF30-34	2	9
23	1072	Steven Mota	58:17	58:12	Cambridge	4:32	/Km	M	17	LM50-54	4	6
24	1017	George Clark	58:34	58:30	Waterloo	4:33	/Km	M	18	LM55-59	1	3
25	1104	Dale Gommier	58:38	58:32	Cambridge	4:33	/Km	M	19	LM40-44	3	7
26	1045	Edmond Ho	58:57	58:57	Mississauga	4:35	/Km	M	20	LM25-29	6	8
27	1106	Predrag Mladenovic	59:00	59:00	Toronto	4:35	/Km	M	21	LM45-49	3	5
28	1079	Gary Robinson	59:00	58:53	Kincardine	4:35	/Km	M	22	LM60-64	1	5
29	1068	Chris Mintz	59:05	58:59	Kitchener	4:35	/Km	M	23	LM40-44	4	7
30	1023	Janice Cooper	59:36	59:27	Waterloo	4:37	/Km	F	7	LF25-29	2	6
31	1089	Mohan Thomas	1:00:02	59:54	Kitchener	4:40	/Km	M	24	LM25-29	7	8
32	1093	Shawn Wilkin	1:00:41	1:00:29	Kitchener	4:42	/Km	M	25	LM40-44	5	7
33	1033	Angela Drystek	1:00:52	1:00:45	Guelph	4:44	/Km	F	8	LF25-29	3	6
34	1021	Tim Coleman	1:00:58	1:00:55	Waterloo	4:44	/Km	M	26	LM40-44	6	7
35	1088	Mike Tancsa	1:01:07	1:00:51	Waterloo	4:44	/Km	M	27	LMW+200	1	4
36	1071	Kevin Moore	1:01:19	1:01:12	Kitchener	4:46	/Km	M	28	LM25-29	8	8
37	1099	Nicholas Faria	1:01:33	1:01:23	Cambridge	4:47	/Km	M	29	LM16-19	1	2
38	1007	Trevor Boss	1:02:26	1:02:19	Waterloo	4:51	/Km	M	30	LM30-34	3	3
39	1048	Lindsay Howes	1:03:32	1:03:27	Waterloo	4:56	/Km	F	9	LF30-34	3	9
40	1105	Josh Bohnen	1:03:45	1:03:38	Waterloo	4:57	/Km	M	31	LM35-39	2	3
41	1024	Laura Cranna	1:05:10	1:04:56	Toronto	5:03	/Km	F	10	LF30-34	4	9



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42	1062	Tracy Mann	1:05:29	1:05:24	Waterloo	5:05	/Km	F	11	LF45-49	1	5
43	1100	Phil Laramie	1:05:40	1:05:36	Waterloo	5:06	/Km	M	32	LM45-49	4	5
44	1042	Kristy Goss	1:06:43	1:06:36	Cambridge	5:11	/Km	F	12	LF35-39	3	7
45	1037	Alison Fox	1:07:48	1:07:42	Brunner	5:16	/Km	F	13	LF30-34	5	9
46	1031	Kristin Diebel	1:08:06	1:07:41	New Hamburg	5:16	/Km	F	14	LF35-39	4	7
47	1040	Cory George	1:08:06	1:08:00	Waterloo	5:17	/Km	M	33	LM35-39	3	3
48	1060	Gavin MacKenzie	1:08:37	1:08:22	Toronto	5:19	/Km	M	34	LM65-69	1	2
49	1065	Miranda McKinley	1:08:45	1:08:27	Waterloo	5:19	/Km	F	15	LFW-170	1	1
50	1102	Susan Burke	1:08:51	1:08:27	Ancaster	5:19	/Km	F	16	LF50-54	1	2
51	1101	Percy Nurse	1:08:52	1:08:27	Waterloo	5:19	/Km	M	35	LM55-59	2	3
52	1018	Sharon Clark	1:08:59	1:08:47	Orangeville	5:21	/Km	F	17	LF45-49	2	5
53	1108	Vimy Henderson	1:09:21	1:08:55	Guelph	5:22	/Km	F	18	LF30-34	6	9
54	1034	Adam Duncan	1:09:24	1:09:17	Waterloo	5:23	/Km	M	36	LMW-200	1	2
55	1012	Al Casey	1:09:27	1:09:13	Toronto	5:23	/Km	M	37	LMW-200	2	2
56	1064	Darcy McKinley	1:09:32	1:09:13	Cambridge	5:23	/Km	M	38	LM60-64	2	5
57	1032	David Dirks	1:09:48	1:09:34	Kitchener	5:25	/Km	M	39	LM65-69	2	2
58	1078	Pete Richards	1:09:59	1:09:52	Kincardine	5:26	/Km	M	40	LM60-64	3	5
59	1076	Andrew Pickles	1:10:21	1:10:08	Cambridge	5:27	/Km	M	41	LM45-49	5	5
60	1103	Paul Wagner	1:11:13	1:11:04	Waterloo	5:32	/Km	M	42	LM60-64	4	5
61	1067	Scott Mills	1:11:55	1:11:40	Breslau	5:34	/Km	M	43	LMW+200	2	4
62	1029	Cole Desborough	1:12:59	1:12:49	Kitchener	5:40	/Km	M	44	LM16-19	2	2



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63	1016	Leszek Ciomplik	1:14:47	1:14:37	Waterloo	5:48	/Km	M	45	LM60-64	5	5
64	1107	Joissy Borges	1:14:54	1:14:36	Cambridge	5:48	/Km	F	19	LF20-24	1	1
65	1063	Kaity McIntyre	1:15:26	1:15:01	Kitchener	5:50	/Km	F	20	LF25-29	4	6
66	1059	Charlotte MacKenzie	1:16:00	1:15:45	Baden	5:53	/Km	F	21	LF30-34	7	9
67	1019	Chris Coggans	1:16:43	1:16:26	Waterloo	5:57	/Km	M	46	LM50-54	5	6
68	1094	Shane Wilmot	1:17:58	1:17:52	Cambridge	6:03	/Km	M	47	LM40-44	7	7
69	1075	Cathy Pennington	1:18:03	1:17:53	Kincardine	6:03	/Km	F	22	LF45-49	3	5
70	1085	William Spaetzel	1:18:12	1:17:59	Kitchener	6:04	/Km	M	48	LMW+200	3	4
71	1013	Amy Casey	1:18:25	1:18:11	Kitchener	6:05	/Km	F	23	LF25-29	5	6
72	1091	Linda Umbrico	1:18:38	1:18:22	Kitchener	6:06	/Km	F	24	LF55-59	1	1
73	1003	Greg Billo	1:18:46	1:18:37	Kitchener	6:07	/Km	M	49	LM55-59	3	3
74	1039	Ronald Gehl	1:19:06	1:18:58	Kitchener	6:08	/Km	M	50	LM70+	1	2
75	1055	Diane Lacombe	1:20:41	1:20:25	Kitchener	6:15	/Km	F	25	LF50-54	2	2
76	1015	Heather Chan	1:23:26	1:23:15	Kitchener	6:28	/Km	F	26	LF45-49	4	5
77	1002	Joe Barnes	1:24:11	1:24:00	Kitchener	6:32	/Km	M	51	LM70+	2	2
78	1090	Meghan Thompson	1:26:14	1:25:44	Kitchener	6:40	/Km	F	27	LF30-34	8	9
79	1014	Lisa Cashmore	1:26:14	1:25:44	Fergus	6:40	/Km	F	28	LF35-39	5	7
80	1036	Sarah Foster	1:26:25	1:26:14	Kincardine	6:42	/Km	F	29	LF35-39	6	7
81	1096	Tim Wolfe	1:26:33	1:26:12	Stratford	6:42	/Km	M	52	LMW+200	4	4
82	1092	Kieth Walsh	1:26:33	1:26:12	Stratford	6:42	/Km	M	53	LM50-54	6	6
83	1020	Nancy Cole	1:28:40	1:28:37	Milton	6:53	/Km	F	30	LF60-64	1	1



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84	1097	Carey Wood	1:29:50	1:29:42	Hanover	6:59	/Km	F	31	LF35-39	7	7
85	1009	Louise Boulay	1:31:10	1:31:03	Cambridge	7:05	/Km	F	32	LF45-49	5	5
86	1073	Tyanna Mumby	1:33:13	1:32:59	Shelburne	7:14	/Km	F	33	LF25-29	6	6
87	1095	Jessica Wismer	1:42:44	1:42:11	Wellesley	7:57	/Km	F	34	LF30-34	9	9