



Run 4 Health

Event Date : **28-04-2018**

Event Location : **West Nipissing General Hospital**

Type : **Running**

Description : **5K Run**

Total Entrants : **46**

Total Finishers : **42**

Male Entries : **13**

Male Finishers : **11**

Female Entries : **31**

Female Finishers : **29**

Unknown Entries : **2**

Unknown Finishers : **2**

| Overall Place | Bib | Name | Guntime | Chiptime | City | Pace | Pace Units | Gender | Gender Place | Division | Div Place | Division Total |
|---------------|-----|-------------------|---------|----------|----------------|------|------------|--------|--------------|----------|-----------|----------------|
| 1 | 234 | Michelle Pilon | 22:51 | 22:51 | sturgeon falls | 4:35 | /Km | F | 1 | SF-13 | 1 | 10 |
| 2 | 235 | Mia Pilon | 23:08 | 23:08 | sturgeon falls | 4:38 | /Km | F | 2 | SF-13 | 2 | 10 |
| 3 | 232 | Owen Green | 23:10 | 23:10 | Verner | 4:38 | /Km | M | 1 | SM-13 | 1 | 6 |
| 4 | 233 | Nick Taillefer | 24:14 | 24:14 | sturgeon falls | 4:51 | /Km | M | 2 | SM-13 | 2 | 6 |
| 5 | 78 | Tristan Auger | 25:24 | 25:24 | | 5:05 | /Km | M | 3 | SMNOAGE | 1 | 3 |
| 6 | 239 | Miguel Auger | 25:32 | 25:31 | | 5:07 | /Km | M | 4 | SM-13 | 3 | 6 |
| 7 | 224 | Gaelle Hevey | 26:51 | 26:51 | Verner | 5:23 | /Km | F | 3 | SF-13 | 3 | 10 |
| 8 | 87 | Jennifer Wieggers | 27:25 | 27:17 | | 5:28 | /Km | F | 4 | SF40-49 | 1 | 8 |
| 9 | 240 | Evalyn Fox | 28:52 | 28:52 | | 5:47 | /Km | F | 5 | SF-13 | 4 | 10 |
| 10 | 238 | Ginette Auger | 28:52 | 28:52 | | 5:47 | /Km | F | 6 | SF40-49 | 2 | 8 |
| 11 | 207 | xavier Lafleur | 28:54 | 28:50 | Sturgeon falls | 5:46 | /Km | M | 5 | SM-13 | 4 | 6 |
| 12 | 231 | John Stewart | 30:35 | 30:35 | Lavigne | 6:07 | /Km | M | 6 | SM-13 | 5 | 6 |
| 13 | 227 | Jeremy Simard | 30:42 | 30:42 | north bay | 6:09 | /Km | M | 7 | SM-13 | 6 | 6 |
| 14 | 82 | Gringos Alex | 30:59 | 30:57 | | 6:12 | /Km | M | 8 | SMNOAGE | 2 | 3 |
| 15 | 81 | Roxanne Belange | 31:20 | 31:14 | | 6:15 | /Km | F | 7 | SFNOAGE | 1 | 3 |
| 16 | 208 | Brianne Lafleur | 31:25 | 31:20 | Sturgeon Falls | 6:16 | /Km | F | 8 | SF-13 | 5 | 10 |
| 17 | 206 | Celine Lablanc | 32:17 | 32:12 | Sturgeon Falls | 6:27 | /Km | F | 9 | SF30-39 | 1 | 5 |
| 18 | 200 | Julie Courchesne | 33:44 | 33:38 | Sturgeon Falls | 6:44 | /Km | F | 10 | SF40-49 | 3 | 8 |
| 19 | 229 | Mylene Langois | 34:10 | 34:10 | field | 6:50 | /Km | F | 11 | SF-13 | 6 | 10 |
| 20 | 225 | Kalynn Levac | 34:21 | 34:21 | sturgeon falls | 6:53 | /Km | F | 12 | SF-13 | 7 | 10 |



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| 21 | 89 | Isabelle Belhumeun | 34:27 | 34:20 | | 6:52 | /Km | F | 13 | SF40-49 | 4 | 8 |
| 22 | 223 | Lexie Bourque | 36:02 | 35:52 | Sturgeon Falls | 7:11 | /Km | F | 14 | SF-13 | 8 | 10 |
| 23 | 210 | Bruno Coutu | 36:07 | 35:51 | Sturgeon Falls | 7:11 | /Km | M | 9 | SM30-39 | 1 | 2 |
| 24 | 205 | Gisalin Ducharme | 37:08 | 36:56 | Sturgeon Falls | 7:24 | /Km | M | 10 | SM30-39 | 2 | 2 |
| 25 | 211 | Melissa Dubac | 37:14 | 37:00 | Markstay | 7:24 | /Km | F | 15 | SF30-39 | 2 | 5 |
| 26 | 209 | Julie Coutu | 37:14 | 37:00 | Sturgeon Falls | 7:24 | /Km | F | 16 | SF20-29 | 1 | 1 |
| 27 | 203 | Janice Moore | 41:14 | 41:05 | North Bay | 8:13 | /Km | F | 17 | SF40-49 | 5 | 8 |
| 28 | 204 | Kerrie Chalykoff | 41:15 | 41:04 | North Bay | 8:13 | /Km | F | 18 | SF40-49 | 6 | 8 |
| 29 | 237 | Lisa Daoust | 41:15 | 41:06 | North Bay | 8:14 | /Km | F | 19 | SF30-39 | 3 | 5 |
| 30 | 221 | Chantal Bourque | 42:00 | 41:49 | Sturgeon Falls | 8:22 | /Km | F | 20 | SF40-49 | 7 | 8 |
| 31 | 201 | Brigitte Goulais | 42:33 | 42:26 | Garden Village | 8:30 | /Km | F | 21 | SF30-39 | 4 | 5 |
| 32 | 228 | Elisa Simard | 43:13 | 43:13 | north bay | 8:39 | /Km | F | 22 | SF-13 | 9 | 10 |
| 33 | 226 | Emily Tremblay | 43:13 | 43:12 | sturgeon falls | 8:39 | /Km | F | 23 | SF-13 | 10 | 10 |
| 34 | 215 | Henrie Special Olympics Team | 43:37 | 43:30 | Sturgeon Falls | 8:42 | /Km | M | 11 | SMNOAGE | 3 | 3 |
| 35 | 216 | Katie Special Olympics Team | 43:51 | 43:43 | Sturgeon Falls | 8:45 | /Km | F | 24 | SFNOAGE | 2 | 3 |
| 36 | 214 | Nicole Special Olympics Team | 43:52 | 43:44 | Sturgeon Falls | 8:45 | /Km | F | 25 | SFNOAGE | 3 | 3 |
| 37 | 212 | Cynthia Guindon | 45:17 | 45:07 | Verner | 9:02 | /Km | F | 26 | SF30-39 | 5 | 5 |
| 38 | 236 | Cynthia Desormiers | 45:17 | 45:14 | Sturgeon Falls | 9:03 | /Km | F | 27 | SF50+ | 1 | 1 |

| | | | | | | | | | | | | |
|----|-----|------------------------------|---------|---------|----------------|-------|-----|---|----|---------|---|---|
| 39 | 213 | Jackie Special Olympics Team | 56:55 | 56:49 | Sturgeon Falls | 11:22 | /Km | | 0 | | | |
| 40 | 217 | Jamie Special Olympics Team | 59:23 | 59:16 | Sturgeon Falls | 11:52 | /Km | | 0 | | | |
| 41 | 220 | Sylvie Kennedy | 1:03:11 | 1:02:59 | Sturgeon Falls | 12:36 | /Km | F | 28 | SF40-49 | 8 | 8 |



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| 42 | 219 | Michelles Kennedy | 1:03:12 | 1:03:00 | Sturgeon Falls | 12:36 | /Km | F | 29 | SF14-19 | 1 | 1 |